

# Rethinking heart care: Dr. Mike Frangiskakis and the direct specialty care model



Learn more about our personalized care:  
[EVEXEYAHEALTH.COM](https://www.evexeyahealth.com)

**F**or Mike Frangiskakis, MD, PhD, MBA, FACC, medicine has always been about connection. But after nearly 20 years as an adult cardiologist, he found that connection harder and harder to maintain.

“When we started 20-odd years ago, we felt like we had more time to be able to talk to patients,” he said. “Over time, that got harder.”

In traditional healthcare systems, specialists often manage thousands of patients, sometimes as many as 2,500. As demand grows, so do wait times — sometimes nine to 12 months just to get a follow-up cardiology appointment.

“If you call in and say, ‘I need to schedule an appointment with my doctor,’ good luck getting in because the next available appointment may be months away,” Dr. Mike said. “If you’re sick this week and you’re worried about your heart, that long wait can be distressing.”

“We finally said, ‘Listen, we just need to try something else,’” he said.

It was that frustration and a desire to return to the core of patient-centered care that led Dr. Mike and his wife Dr. Susan Frangiskakis to launch Evexeya Health, a new direct care multi-specialty practice in Madison.

The increasingly popular direct care model is simple but transformative: patients pay directly for services or through a membership, bypassing insurance entirely and instead working directly with their physicians. The result is fewer barriers, faster appointments and more time for what matters most — the patient.

At Evexeya, Dr. Mike can spend as much time as he needs with a patient, often with 60-90+ minutes for new patients, instead of rushing through a 30-minute slot.

“Access is huge,” he said. “I can be available in ways I could never have been before.”

**“The big thing we offer is timely, affordable care with a personal touch. It’s about practicing good medicine in a better system. We were frustrated with the old system and we wanted to save people money, give them the time that they’re due, develop relationships and provide high quality care.”**

With a smaller patient panel, he can offer high quality and personalized care. The practice also brings diagnostic capabilities in-house, saving patients both time and money. Services include exercise stress tests, EKGs, and echocardiograms right in the office. The result is faster and more affordable care, Dr. Mike explained. He can get labs done “locally for pennies on the dollar,” and even help patients find medication savings.

For Dr. Mike, who is board-certified in internal medicine, general cardiology, echocardiography, nuclear cardiology and clinical lipidology, Evexeya represents a return to relationship-driven medicine that remains evidence-based. And they are drawing patients from all over the state, as patients seek out alternatives to costly traditional insurance plans.

“The big thing we offer is timely, affordable care with a personal touch. It’s about practicing good medicine in a better system,” Dr. Mike said. “We were frustrated with the old system and we wanted to save people money, give them the time that they’re due, develop relationships and provide high quality care.”

At its heart, Evexeya Health is built around a simple idea: when doctors have the time to listen and get to the root of their patient’s concerns, patients get better care. 🌟