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Cardiovascular Disease Risk Factors Unique to Women

Having 3 or more is roughly equivalent to having a coronary calcium score of at least 100 and has a number of important implications:

- 10-year atherosclerotic cardiovascular disease (ASCVD) risk $\geq 7.5\%$
- Increased benefit for initiation of statin therapy
- Blood pressure antihypertensive therapy should be started once systolic BP ≥ 130 mmHg or diastolic BP ≥ 80 mmHg

Age	Not Applicable	Questions									
		How old were you when you had your first period?									
		At what age did you experience menopause?									
Have you used hormone treatments?											
		<table border="1"> <thead> <tr> <th></th> <th>Oral Contraceptive</th> <th>Menopause Treatment</th> </tr> </thead> <tbody> <tr> <td>Estrogen</td> <td>___ yes, ___ no</td> <td>___ yes, ___ no Age when started medicine ___</td> </tr> <tr> <td>Progesterone</td> <td>___ yes, ___ no</td> <td>___ yes, ___ no Age when started medicine ___</td> </tr> </tbody> </table>		Oral Contraceptive	Menopause Treatment	Estrogen	___ yes, ___ no	___ yes, ___ no Age when started medicine ___	Progesterone	___ yes, ___ no	___ yes, ___ no Age when started medicine ___
	Oral Contraceptive	Menopause Treatment									
Estrogen	___ yes, ___ no	___ yes, ___ no Age when started medicine ___									
Progesterone	___ yes, ___ no	___ yes, ___ no Age when started medicine ___									
Yes	No	Unknown									
		Have you had diabetes while pregnant?									
		Have you had infertility (>12 months without successful pregnancy)?									
Have you had high blood pressure with pregnancy (see types below)											
		Gestational hypertension ($\geq 140/90$ mmHg after 20 weeks without proteinuria)?									
		Preeclampsia/Eclampsia ($\geq 140/90$ mmHg after 20 weeks with proteinuria, with or without seizures)?									
		Have you had a miscarriage?									
		Do you have polycystic ovarian syndrome?									
		Have you had premature ovarian insufficiency (<40 years old)?									
		Have you experienced premature delivery of any pregnancy (<37 weeks)?									
		Have you delivered any babies considered small for gestational age (<10 th percentile)?									